

# Lecture 12 : Convergence of DTMCs and Coupling theorem

## 1 Total Variation Distance

**Definition 1.1.** Given two probability distributions  $p$  and  $q$  defined on a countable space  $I$ , their **total variation distance** is defined as

$$d_{TV}(p, q) \triangleq \frac{1}{2} \|p - q\|_1.$$

**Lemma 1.2.** For a countable set  $I$ , and distributions  $p, q \in \Delta(I)$ , we have

$$d_{TV}(p, q) = \sup\{p(S) - q(S) : S \subseteq I\}.$$

*Proof.* Let  $A = \{i \in I : p(i) - q(i) \geq 0\}$ . Then, we can write

$$d_{TV}(p, q) = \frac{1}{2} \left( \sum_{i \in A} p(i) - q(i) + \sum_{i \notin A} q(i) - p(i) \right) = \frac{1}{2} (p(A) - p(A^c) - q(A) + q(A^c)) = p(A) - q(A).$$

Let  $S \subseteq I$ , then we have

$$p(S) - q(S) \leq p(S \cap A) - q(S \cap A) \leq p(A) - q(A) = d_{TV}(p, q).$$

Hence, the result follows. □

**Definition 1.3 (Convergence in total variation).** Let  $\{X_n : n \in \mathbb{N}_0\}$  be an  $I$ -valued stochastic process with marginal distribution  $\pi(n)_i = \Pr\{X_n = i\}$  for all  $i \in I$ . If there exists a probability distribution  $\pi \in \Delta(I)$ , such that

$$\lim_{n \in \mathbb{N}} d_{TV}(\pi(n), \pi) = \lim_{n \in \mathbb{N}} \sum_{i \in I} |\pi(n)_i - \pi_i| = 0.$$

Then, we say that  $\lim_{n \in \mathbb{N}} \pi(n) = \pi$  in total variation distance.

**Lemma 1.4.** If  $X_n \rightarrow \pi$ , then for all bounded functions  $f : I \rightarrow \mathbb{R}$ , we have

$$\lim_{n \in \mathbb{N}} \mathbb{E}[f(X_n)] = \sum_{i \in I} \pi_i f(i).$$

*Proof.* Let  $\sup_{i \in I} |f(i)| \leq K$  be a finite upper bound on chosen  $f$ . Then it follows from convergence in total variation, and observing that

$$|\mathbb{E}[f(X_n)] - \sum_{i \in I} \pi_i f(i)| = \left| \sum_{i \in I} f(i)(\pi(n)_i - \pi_i) \right| \leq K d_{TV}(\pi(n), \pi).$$

□

**Theorem 1.5 (Convergence in total variation of DTMC).** *Let  $X \in I^{\mathbb{N}_0}$  be an ergodic (irreducible, aperiodic, and positive recurrent) DTMC on countable state space  $I$  with stationary distribution  $\pi \in \Delta(I)$ . Then for all initial distributions on  $X_0$ , distribution of  $X_n$  converges in total variation to  $\pi$ .*

*Proof.* Let  $X_0 = i$ , then  $\pi(n)_j = \mathbb{P}_i\{X_n = j\} = P_{ij}^n$  for all  $j \in I$ . We write

$$d_{TV}(\pi(n), \pi) = \frac{1}{2} \sum_{j \in I} |P_{ij}^n - \pi|.$$

This follows from ergodicity of the DTMC. □

## 2 The Coupling method

**Definition 2.1.** Consider two stochastic processes  $X \in I^{\mathbb{N}}$  and  $Y \in I^{\mathbb{N}}$  on state space  $I$ . Processes  $X$  and  $Y$  are said to **coupled** if there exists an a.s. finite random time  $\tau$  such that for all  $n \geq \tau$ , we have  $X_n = Y_n$  a.s. Moreover,  $\tau$  is called a **coupling time** of the process.

**Theorem 2.2 (Coupling Inequality).** *Let  $\tau$  be a coupling time for coupled processes  $X$  and  $Y$  with marginal distributions  $p_n, q_n \in \Delta(I)$  for  $X_n, Y_n$  respectively. Then for all  $n \in \mathbb{N}$ , we have*

$$d_{TV}(p_n, q_n) \leq \Pr\{\tau > n\}.$$

*Proof.* Consider a finite subset  $I_0 \subseteq I$  and  $A = \{X_n \in I_0\}$ ,  $B = \{Y_n \in I_0\}$ , and  $C = \{\tau \leq n\}$ . Then, from definition of coupling time, we have  $X_n = Y_n$  a.s. on  $C$ . Hence, we can write

$$p_n(I_0) - q_n(I_0) = \Pr(A \setminus C) - \Pr(B \setminus C) \leq \Pr\{X_n \in I_0, \tau > n\} \leq \Pr\{\tau > n\}.$$

□

*Remark 2.3.* Variation distance is bounded based on the coupling time.

**Theorem 2.4 (Convergence in total variation of DTMC).** *Let  $X = \{X_n \in I : n \in \mathbb{N}_0\}$  be a homogenous ergodic DTMC with transition probability matrix  $P$  and stationary distribution  $\pi \in \Delta(I)$ . Then, for any initial distribution on  $X_0$ , distribution of  $X_n$  converges in total variation to the stationary distribution.*

*Proof.* We will provide an alternative proof using the coupling argument. Let  $X$  and  $Y$  be two independent ergodic DTMCs with transition matrix  $P$ , stationary distribution  $\pi$ , and initial states  $i$  and  $j$  respectively. We construct the product DTMC  $Z_n = (X_n, Y_n)$  for all  $n \in \mathbb{N}_0$ . Then,  $\{Z_n : n \in \mathbb{N}_0\}$  has transition probabilities,

$$\Pr\{Z_n = (k, l) | Z_{n-1} = (i, j)\} = P_{ik}P_{jl}.$$

We will first show that DTMC  $Z$  is irreducible, aperiodic, and positive recurrent. To this end, we notice that  $\pi_z(i, j) = \pi_i\pi_j$  is a stationary distribution, since

$$\pi_z(i, j) = \pi_i\pi_j = \sum_{k \in I} \pi_k P_{ki} \sum_{l \in I} \pi_l P_{lj} = \sum_{(k, l) \in I \times I} \pi_z(k, l) P_{ki} P_{lj}.$$

Next, we define a stopping time  $\tau$  for the process  $Z$ , as

$$\tau = \inf\{n \in \mathbb{N}_0 : X_n = Y_n\}.$$

Since  $\tau$  is stopping time for ergodic DTMC  $Z$ , it follows that  $\Pr\{\tau < \infty\} = 1$ . Consider a process  $W$  defined as

$$W_n = X_n 1_{\{n \leq \tau\}} + Y_n 1_{\{n > \tau\}} \quad \forall n \in \mathbb{N}_0.$$

It turns out that  $W$  is a homogenous DTMC with transition matrix  $P$  and initial state  $i$ . That is, it inherits all the statistical properties of  $X$ . Further,  $\tau$  is a coupling time for  $Y$  and  $W$ , and hence by coupling inequality, we have

$$\sum_{m \in I} |\Pr\{W_n = m\} - \Pr\{Y_n = m\}| \leq 2 \Pr\{\tau < n\}.$$

Since  $\Pr\{\tau > n\} \rightarrow 0$  and  $\Pr\{Y_n = m\} \rightarrow \pi_m$  as limit  $n \in \mathbb{N}$ , we see that

$$\lim_{n \in \mathbb{N}} \Pr\{W_n = i\} = \pi_i.$$

□

*Remark 2.5.* We can get bounds on the rate of convergence by bounding  $\mathbb{P}\{\tau > n\}$ /

**Example 2.6.** Let  $X$  and  $Y$  be two binomial distributions with parameters  $(n, p)$  and  $(n, q)$  respectively, for  $p > q$ . We are interested in finding the relation between  $\Pr\{X > k\}$  and  $\Pr\{Y > k\}$  for all  $k \in I$ .

Consider  $n$  Bernoulli random variables,  $Z_1, Z_2, \dots, Z_n$  with probability  $\Pr\{Z_i = 1\} = p$ . Consider random variables  $U_1, U_2, \dots, U_n$  each Bernoulli with probability  $q/p$  and independent of random variables  $Z_1, Z_2, \dots, Z_n$ , and defining for all  $i \in [n]$

$$W_i = U_i Z_i.$$

Hence, we see that  $W_i \leq Z_i$  is Bernoulli with parameter  $\mathbb{E}W_i = q = \Pr\{W_i = 1\}$ . Observing that  $Y = \sum_i W_i \leq \sum_i Z_i = X$ , it follows that  $\Pr\{Y > k\} \leq \Pr\{X > k\}$ .

### 3 Mean time spent in the transient states

Consider a DTMC  $X$  defined on a finite state space  $I$  with probability transition matrix  $P$ . Let  $T \subseteq I$  be the set of transient states. We define a probability transition matrix  $Q$  for transient states as

$$Q_{ij} = P_{ij}, \quad i, j \in T.$$

*Remark 3.1.* All row sums of  $Q$  cannot equal 1. At least one row should not sum up to 1, else it contradicts the claim that  $Q$  is a transition matrix for the set of transient states. Hence,  $I - Q$  is invertible.

**Definition 3.2.** For  $i, j \in T$ , we define **fundamental matrix**  $M$  such that

$$M_{ij} \triangleq \mathbb{E}_i \sum_{n \in \mathbb{N}_0} 1_{\{X_n = j\}} = \sum_{n \in \mathbb{N}_0} P_{ij}^n.$$

**Lemma 3.3.** *Fundamental matrix  $M$  for transient states of a DTMC  $X$  can be expressed in terms of its transition matrix  $Q$  as*

$$M = (I - Q)^{-1}.$$

Further, we can rewrite  $M$  as

$$\begin{aligned} M_{ij} &= 1_{\{i=j\}} + \sum_{n \in \mathbb{N}} \sum_{k \in I} \mathbb{P}_i\{X_n = j, X_1 = k\} = I_{ij} + \sum_{k \in I} P_{ik} \sum_{n \in \mathbb{N}_0} P_{kj}^n \\ &= I_{ij} + \sum_{k \in T} P_{ik} M_{kj} + \sum_{k \notin T} P_{ik} \sum_{n \in \mathbb{N}_0} P_{kj}^n. \end{aligned}$$

Since  $T$  is a set of transient states,  $P_{ij} = 0$  for  $i \notin T$  and  $j \in T$ , we get

$$M = I + QM.$$

**Definition 3.4.** We define expected time to visit any transient state  $j \in T$ , starting from initial transient state  $i \in T$  as

$$f_{ij} = \mathbb{E}_i 1_{\{X_n = j \text{ for some } n \in \mathbb{N}_0\}}$$

**Lemma 3.5.** For all  $i, j \in T$ , we have  $f_{ij} = \frac{M_{ij}}{M_{jj}}$ .

*Proof.* Let  $\tau_j = \inf\{n \in \mathbb{N}_0 : X_n = j\}$ . Since  $j \in T$ , we know  $\Pr\{\tau_j < \infty\} = 1$ , hence we can write

$$f_{ij} = \mathbb{P}_i\{\tau_j < \infty\} = \sum_{m \in \mathbb{N}_0} \mathbb{P}_i\{\tau_j = m\}.$$

Further, we observe

$$M_{ij} = \sum_{m \in \mathbb{N}_0} \sum_{n \geq m} \mathbb{P}_i\{X_n = j, \tau_j = m\} = \sum_{m \in \mathbb{N}_0} \mathbb{P}_i\{\tau_j = m\} \sum_{n \in \mathbb{N}_0} \mathbb{P}_j\{X_n = j\} = f_{ij} M_{jj}.$$

□