## Lecture 12 : Limit Theorems for Markov Chains

## 1 Limit Theorems

Let $N_{j}(t)$ denote the number of transitions into state $j \in E$ up to time $t$. That is,

$$
N_{j}(t)=\sum_{k=1}^{t} 1\left\{X_{k}=j\right\} .
$$

Let $S_{0}=0$, then we can define the $n$th arrival instants of state $j$ as a stopping time

$$
S_{n}(j)=\inf \left\{k>S_{n-1}(j): X_{k}=j\right\} .
$$

From strong Markov property it follows that $X$ is a regenerative process with regenerative sequence $S(j)=\left\{S_{n}(j): n \in \mathbb{N}\right\}$. We can define the inter-renewal duration, the number of time steps to return to the state $j$ as

$$
T_{n}(j)=S_{n}(j)-S_{n-1}(j)
$$

If $X_{0}=j$ and $j$ is recurrent, then $S(j)$ is a renewal process with the $i d d$ inter-arrival distribution,

$$
P_{j}\left\{T_{1}(j)=k\right\}=f_{j j}^{(k)}, k \in \mathbb{N}
$$

Let $\mu_{j j}=\mathbb{E}_{j} T_{1}(j)$ be the mean inter-arrival time for the renewal process. Then,

$$
\mu_{j j}= \begin{cases}\infty & j \text { transient }, \\ \sum_{k \in \mathbb{N}} k f_{j j}^{(k)} & j \text { recurrent. }\end{cases}
$$

If $X_{0}=i \neq j$, for some $i \leftrightarrow j$ and $j$ recurrent, then $S(j)$ is a delayed renewal process with first inter-arrival distribution

$$
P_{i}\left\{T_{1}(j)=k\right\}=f_{i j}^{(k)}, k \in \mathbb{N} .
$$

The associated counting process $N_{j}(t)$ has the inverse relationship with the renewal process $S(j)$. From the renewal theory, we have the following results.

Proposition 1.1 (basic renewal theorem). If $i \leftrightarrow j$, then $P_{i}\left\{\lim _{n \in \mathbb{N}} \frac{N_{j}(n)}{n}=\frac{1}{\mu_{j j}}\right\}=1$.
Proposition 1.2 (elementary renewal theorem). If $i \leftrightarrow j$, then

$$
\lim _{n \in \mathbb{N}} \frac{\sum_{k=1}^{n} p_{i j}^{(k)}}{n}=\lim _{n \in \mathbb{N}} \frac{\mathbb{E}_{i}\left[N_{j}(n)\right]}{n}=\frac{1}{\mu_{j j}} .
$$

Proposition 1.3 (Blackwell's theorem). If $j$ is aperiodic (i.e., $d(j)=1$ ), then

$$
\lim _{n \in \mathbb{N}} p_{i j}^{(n)}=\lim _{n \in \mathbb{N}} \mathbb{E}_{i}[\# \text { renewals at } n]=\frac{1}{\mu_{j j}}
$$

If $j$ is periodic with period d, then

$$
\lim _{n \in \mathbb{N}} p_{i j}^{(n d)}=\lim _{n \in \mathbb{N}} \mathbb{E}_{i}[\# \text { renewals at } n d]=\frac{d}{\mu_{j j}}
$$

## 2 Positive and Null recurrence

A recurrent state $j$ is said to be positive recurrent if $\mu_{j j}<\infty$ and null recurrent if $\mu_{j j}=\infty$. Let

$$
\pi_{j} \triangleq \lim _{n \in \mathbb{N}} p_{j j}^{(n d)}
$$

where d is the period of state $j$. Then $\pi_{j}>0$ if and only if $j$ is positive recurrent and $\pi_{j}=0$ if $j$ is null-recurrent.

Proposition 2.1. Positive recurrence and null recurrence are class properties.
An state that is aperiodic and positive recurrent is called ergodic. For a homogeneous Markov chain on state space $E$ with transition probability matrix $E$, a probability distribution $\left\{\pi_{j}: j \in E\right\}$ is said to be stationary if for all states $j \in E$

$$
\pi_{j}=\sum_{k \in E} \pi_{k} P_{k j}
$$

More compactly, $\pi$ is stationary if $\pi=\pi P$.
Observe that for a Markov chain starting with its stationary distribution, then the distribution remains invariant for all times. That is, if $\pi$ is the stationary distribution, and the Markov chain has initial distribution $v(0)=\pi$ at time 0 , then at any time $n \in \mathbb{N}$, the Markov chain has distribution $v(n)=\pi$. Moreover since $X_{n}$ has discrete states in $E$, the finite collection ( $X_{n}, X_{n+1}, \ldots X_{n+m}$ ) have the same joint distribution. Hence it is a stationary process, and for all $k, m \in \mathbb{N}, i \in E^{k}$

$$
P\left\{X_{1}=i_{1}, \ldots, X_{k}=i_{k}\right\}=P\left\{X_{m+1}=i_{1}, \ldots, X_{m+k}=i_{k}\right\} .
$$

Theorem 2.2. An irreducible, aperiodic Markov Chain with countable state space $E$ is of one of the following types.
i) All the states are either transient or null recurrent. For all states $i, j \in E$,

$$
\lim _{n \in \mathbb{N}} P_{i j}^{n}=0
$$

and there exists no stationary distribution.
ii) All the states are positive recurrent, and hence the chain is ergodic. There exists a unique stationary distribution $\pi \in \Delta(E)$, defined for all $i, j \in E$

$$
\pi_{j} \triangleq \lim _{n \in \mathbb{N}} P_{i j}^{n}>0
$$

Proof. Let $\left\{X_{n}: n \in \mathbb{N}\right\}$ be an irreducible, aperiodic Markov chain with countable state space $E$.
i) Suppose that all states are either transient or null recurrent. Note that exactly one of these will hold since there is only one communicating class. This implies that $\mu_{j j}=\infty$ for each state $j \in E$, and it follows from Blackwell's theorem applied to renewals for Markov chains that for any states $i, j \in E$

$$
\lim _{n \in \mathbb{N}} P_{i j}^{(n)}=\frac{1}{\mu_{j j}}=0
$$

If there existed a stationary distribution $\pi \in \Delta(E)$ in this case. For any step size $n \in \mathbb{N}$ and states $i, j \in E$, we would then have

$$
\pi_{j}=\sum_{i \in E} \pi_{i} P_{i j}^{(n)}, \quad P_{i j}^{(n)} \leq 1
$$

We can change limits and summation using dominated convergence theorem, to get for any $j \in E$

$$
\pi_{j}=\sum_{i \in E} \pi_{i} \lim _{n \in \mathbb{N}} P_{i j}^{(n)}=0
$$

This contradicts $\pi$ being a stationary distribution, proving the first part of the theorem.
ii) We assume that all states are positive recurrent. From the theorem hypothesis, elementary renewal theorem, and positive recurrence, we get

$$
\pi_{j}=\lim _{n \in \mathbb{N}} P_{i j}^{(n)}=1 / \mu_{j j}>0
$$

Further, for any finite set $A \subseteq E$, we have

$$
\sum_{j \in A} P_{i j}^{(n)} \leq \sum_{j \in E} P_{i j}^{(n)}=1
$$

Taking limit $n \in \mathbb{N}$ on both sides, we conclude that $\sum_{j \in A} \pi_{j} \leq 1$ for all $A$ finite. Taking limit with respect to increasing sets $A \uparrow E$, we conclude,

$$
\sum_{j \in E} \pi_{j} \leq 1
$$

Further, we can write for all $A \subseteq E$,

$$
P_{i j}^{n+1}=\sum_{k \in E} P_{i k}^{n} P_{k j} \geq \sum_{k \in A} P_{i k}^{n} P_{k j} .
$$

Applying limit $n \in \mathbb{N}$ on both sides, we get $\pi_{j} \geq \sum_{k \in A} \pi_{k} P_{k j}$ for all $A$ finite. Hence, taking limits with respect to increasing sets $A \uparrow E$, we get for all state $j \in E$,

$$
\pi_{j} \geq \sum_{k \in E} \pi_{k} P_{k j}
$$

Assuming that the inequality is strict for some state $j \in E$, we can sum the inequalities over all states $j \in E$. Since, summands are non-negative we can exchange summation orders to get

$$
\sum_{j \in E} \pi_{j}>\sum_{j \in E} \sum_{k \in E} \pi_{k} P_{k j}=\sum_{k \in E} \pi_{k} \sum_{j \in E} P_{k j}=\sum_{k \in E} \pi_{k} .
$$

This is a contradiction. Therefore, for any state $j \in E$

$$
\pi_{j}=\sum_{k \in E} \pi_{k} P_{k j}
$$

Defining normalized $w_{j}=\frac{\pi_{j}}{\sum_{k \in I} \pi_{k}}$, we see that $\left\{w_{j}: j \in E\right\}$ is a stationary distribution and so at least one stationary distribution exists. If the initial distribution of this positive recurrent Markov chain is a stationary distribution $\left\{\lambda_{j}: j \in E\right\}$, then for any finite subset $A \subseteq E$, we get

$$
\lambda_{j}=\operatorname{Pr}\left\{X_{n}=j\right\}=\sum_{i \in E} P_{i j}^{n} \lambda_{i} \geq \sum_{i \in A} P_{i j}^{n} \lambda_{i}
$$

As before, we take limit $n \in \mathbb{N}$, followed by limit of increasing subsets $A \uparrow E$, to obtain

$$
\lambda_{j} \geq \sum_{i \in E} \pi_{j} \lambda_{i}=\pi_{j}
$$

To show $\lambda_{j} \leq \pi_{j}$, we use the fact that $P_{i j}^{n} \leq 1$. Let $A \subseteq E$ be a finite subset, then

$$
\lambda_{j}=\sum_{i \in I} P_{i j}^{n} \lambda_{i}=\sum_{i \in A} P_{i j}^{n} \lambda_{i}+\sum_{i \notin A} P_{i j}^{n} \lambda_{i} \leq \sum_{i \in A} P_{i j}^{n} \lambda_{i}+\sum_{i \notin A} \lambda_{i} .
$$

Using our standard approach of taking limit $n \in \mathbb{N}$, followed by $A \uparrow E$, we obtain

$$
\lambda_{j} \leq \sum_{i \in E} \pi_{j} \lambda_{i}=\pi_{j}
$$

Corollary 2.3. An irreducible, aperiodic Markov chain defined on a finite state space $E$ will be positive recurrent.

Proof. Suppose that the Markov chain is not positive recurrent, then

$$
\lim _{n \in \mathbb{N}} P_{i j}^{(n)}=0
$$

Interchanging limit and finite summation gives

$$
0=\sum_{j \in E} \lim _{n \in \mathbb{N}} P_{i j}^{(n)}=\lim _{n \in \mathbb{N}} \sum_{j \in E} P_{i j}^{(n)}=1 .
$$

This is a contradiction. Hence the above mentioned chain is positive recurrent.
Corollary 2.4. For an irreducible and aperiodic Markov chain with stationary distribution $\pi$ on countable state space E, we have

$$
\mathbb{E}_{j}\left[T_{1}(j)\right] \triangleq \mathbb{E}\left[T_{1}(j) \mid X_{0}=j\right]=\frac{1}{\pi_{j}}, j \in E .
$$

Further, we can define the number of visits to state $i$ during one renewal duration $S_{1}(j)$ as

$$
N_{i}\left(S_{1}(j)\right)=\sum_{k=1}^{S_{1}(j)} 1\left\{X_{n}=i\right\}
$$

Proposition 2.5. For an aperiodic and irreducible Markov chain $X$ with stationary distribution $\pi$ on countable state space $E$, the mean number of visits to state $i$ in one return to state $j$ is given

$$
\mathbb{E}_{j} N_{i}\left(S_{1}(j)\right)=\frac{\pi_{i}}{\pi_{j}}
$$

Proof. Let $X_{0}=j \in E$, then from renewal reward theorem for renewal sequence $S(i)$ and definition of $\pi$,

$$
\lim _{n \in \mathbb{N}} P_{j}\left\{X_{n}=i\right\}=\lim _{n \in \mathbb{N}} \frac{\sum_{k=1}^{n} 1\left\{X_{k}=i\right\}}{n}=\frac{1}{\mathbb{E}_{i}\left[T_{1}(i)\right]}=\pi_{i}
$$

Result follows from rewriting of the above expression for renewal sequence $S(j)$ as

$$
\lim _{n \in \mathbb{N}} P_{j}\left\{X_{n}=i\right\}=\lim _{n \in \mathbb{N}} \frac{\sum_{k=1}^{n} 1\left\{X_{k}=i\right\}}{n}=\frac{\mathbb{E}_{j} \sum_{k=1}^{S_{1}(j)} 1\left\{X_{k}=i\right\}}{\mathbb{E}_{j} S_{1}(j)}=\frac{\mathbb{E}_{j} N_{i}\left(S_{1}(j)\right)}{\mathbb{E}_{j} T_{1}(j)}=\pi_{j} \mathbb{E}_{j} N_{i}\left(S_{1}(j)\right)
$$

### 2.1 Ergodic theorem for Markov Chains

Proposition 2.6. Let $\left\{X_{n}: n \in \mathbb{N}_{0}\right\}$ be an irreducible, aperiodic, and positive recurrent Markov chain on countable state space $E$ with stationary distribution $\pi$. Let $f: E \rightarrow \mathbb{R}$, such that $\sum_{i \in E}|f(i)| \pi_{i}<\infty$, that is $f$ is integrable over $E$ with respect to $\pi$. Then for any initial distribution of $X_{0}$,

$$
\lim _{n \in \mathbb{N}} \frac{1}{n} \sum_{i=1}^{n} f\left(X_{i}\right)=\sum_{i \in E} \pi_{i} f(i) \text { almost surely }
$$

Proof. Fix $X_{0}=i \in E$. Let $S(i)$ be sequence of successive instants at which state $i$ is visited, with $S_{0}(i)=$ 0 . For all $p \geq 0$, let $R_{p+1}=\sum_{n=S_{p}(i)+1}^{S_{(p+1)}} f\left(X_{n}\right)$ be the net reward earned at the end of cycle $(p+1)$. Each cycle forms a renewal. By the strong Markov property, these cycles are independent. At each of these stopping times, Markov chain is in state $i \in E$. Since $\mathbb{E}_{i} S_{1}(i)=1 / \pi_{i}$, we get from renewal reward theorem

$$
\lim _{n \in \mathbb{N}} \frac{\sum_{k=1}^{n} R_{k}}{n}=\pi_{i} \mathbb{E}_{i}\left[\sum_{n=1}^{S_{1}(i)} f\left(X_{n}\right)\right]=\pi_{i} \mathbb{E}_{i} \sum_{n=1}^{S_{1}(i)} \sum_{j \in E} f(j) 1\left\{X_{n}=j\right\} .
$$

Using dominated convergence theorem, and substituting the mean number of visits to state $j$ during successive return to state $j$, we can write

$$
\lim _{n \in \mathbb{N}} \frac{\sum_{k=1}^{n} R_{k}}{n}=\pi_{i} \mathbb{E}_{i} \sum_{j \in E} f(j) \sum_{n=1}^{S_{1}(i)} 1\left\{X_{n}=j\right\}=\pi_{i} \sum_{j \in \mathbb{E}} f(j) \mathbb{E}_{i} N_{j}\left(S_{1}(i)\right)=\sum_{j \in \mathbb{E}} \pi_{j} f(j)
$$

