

# Lecture-21: Recurrent and transient states

## 1 Recurrence and Transience

**Definition 1.1.** For a process  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{R}^+}$  event  $A$  and random variable  $Y : \Omega \rightarrow \mathbb{R}$ , we denote the conditional probability and conditional distribution, given the initial state  $\{X_0 = x\}$  by  $P_x(A) \triangleq P(A \mid \{X_0 = x\})$  and  $\mathbb{E}_x Y = \mathbb{E}[Y \mid \{X_0 = x\}]$  respectively.

**Definition 1.2.** For a random sequence  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}^+}$  with initial state  $X_0 = x$ ,

- (i) the **probability of hitting state  $y$  eventually** is denoted by  $f_{xy} \triangleq P_x \left\{ \tau_X^{\{y\}, \ell} < \infty \right\}$ , and
- (ii) the **probability of first visit to state  $y$  at time  $n \in \mathbb{N}$**  is denoted by  $f_{xy}^{(n)} \triangleq P_x \left\{ \tau_X^{\{y\}, \ell} = n \right\}$ .

*Remark 1.* We can write the finiteness of hitting time  $\tau_X^{\{y\}, \ell}$  as the disjoint union  $\left\{ \tau_X^{\{y\}, \ell} < \infty \right\} = \cup_{n \in \mathbb{N}} \left\{ \tau_X^{\{y\}, \ell} = n \right\}$ .

Therefore,  $f_{xy} = \sum_{n \in \mathbb{N}} f_{xy}^{(n)}$ .

*Remark 2.* If  $f_{xy} = P_x \left\{ \tau_X^{\{y\}, \ell} < \infty \right\} = 1$  for all initial states  $x \in \mathcal{X}$ , then  $\tau_X^{\{y\}, \ell}$  is almost surely finite and hence a stopping time.

**Definition 1.3.** From the initial state  $x$ , the distribution

- (i) for the first hitting time to state  $y$  is called the **first passage time distribution** and denoted by  $((f_{xy}^{(n)} : n \in \mathbb{N}), 1 - f_{xy})$ , and
- (ii) for the first return time to state  $x$  is called the **first recurrence time distribution** and denoted by  $((f_{xx}^{(n)} : n \in \mathbb{N}), 1 - f_{xx})$ .

**Definition 1.4.** A state is called **recurrent** if  $f_{xx} = 1$ , and is called **transient** if  $f_{xx} < 1$ .

**Definition 1.5.** For any state  $x \in \mathcal{X}$ , the **mean recurrence time** is denoted by  $\mu_{xx} \triangleq \mathbb{E}_x \tau_x^{(1)}$ .

*Remark 3.* The mean recurrence time for any transient state is infinite. For any recurrent state  $x \in \mathcal{X}$ ,  $\tau_x^{(1)} = \tau_x^{(1)} \mathbb{1}_{\{\tau_x^{(1)} < \infty\}} = \sum_{n \in \mathbb{N}} n \mathbb{1}_{\{\tau_x^{(1)} = n\}}$  almost surely, and the mean recurrence time is given by  $\mu_{xx} = \sum_{n \in \mathbb{N}} n f_{xx}^{(n)}$ .

**Definition 1.6.** For a recurrent state  $x \in \mathcal{X}$ ,

- (i) if the mean recurrence time is finite, then the state  $x$  is called **positive recurrent**, and
- (ii) if the mean recurrence time is infinite, then the state  $x$  is called **null recurrent**.

**Proposition 1.7.** For a homogeneous discrete Markov chain  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}^+}$ , we have

$$P_x \left\{ N_y = m \right\} = \begin{cases} 1 - f_{xy}, & m = 0, \\ f_{xy} f_{yy}^{m-1} (1 - f_{yy}), & m \in \mathbb{N}. \end{cases}$$

*Proof.* We can write the event of zero visits to state  $y$  as  $\{N_y(\infty) = 0\} = \left\{ \tau_X^{\{y\}, \ell} = \infty \right\}$ . Further, we can write the event of  $m$  visits to state  $y$  as

$$\{N_y(\infty) = m\} = \left\{ \tau_X^{\{y\}, m} < \infty \right\} \cap \left\{ \tau_X^{\{y\}, m+1} = \infty \right\} = \cap_{j=1}^m \left\{ H_X^{\{y\}, j} < \infty \right\} \cap \left\{ H_X^{\{y\}, m+1} = \infty \right\}, \quad m \in \mathbb{N}.$$

Recall that  $(H_X^{\{y\},k} : k \in \mathbb{N})$  is an independent random sequence with  $(H_X^{\{y\},k} : k \geq 2)$  identically distributed, with  $P_x \{ H_X^{\{y\},k} = n \} = P_y \{ \tau_X^{\{y\},\ell} = n \}$  for all  $k \geq 2$ . Therefore, we get

$$P_x \{ N_y = m \} = P_x \{ H_X^{\{y\},1} < \infty \} \prod_{j=2}^m P_x \{ H_X^{\{y\},j} < \infty \} P_x \{ H_X^{\{y\},m+1} = \infty \} = f_{xy} f_{yy}^{m-1} (1 - f_{yy}).$$

□

**Corollary 1.8.** For a homogeneous Markov chain  $X$ , we have  $P_x \{ N_y < \infty \} = \mathbb{1}_{\{f_{yy} < 1\}} + (1 - f_{xy}) \mathbb{1}_{\{f_{yy} = 1\}}$ .

*Proof.* We can write the event  $\{ N_y < \infty \}$  as disjoint union of events  $\{ N_y = n \}$ , to get the result. □

**Remark 4.** For a time homogeneous Markov chain  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$ , we have

- (i)  $P_x \{ N_y = \infty \} = f_{xy} \mathbb{1}_{\{f_{yy} = 1\}}$ , and
- (ii)  $P_y \{ N_y = \infty \} = \mathbb{1}_{\{f_{yy} = 1\}}$ .

**Corollary 1.9.** The mean number of visits to state  $y$ , starting from a state  $x$  is  $\mathbb{E}_x N_y = \frac{f_{xy}}{1 - f_{yy}} \mathbb{1}_{\{f_{yy} < 1\}} + \infty \mathbb{1}_{\{f_{xy} > 0, f_{yy} = 1\}}$ .

**Remark 5.** For any  $x \in \mathcal{X}$ , we have  $\mathbb{E}_x N_x = \frac{f_{xx}}{1 - f_{xx}} \mathbb{1}_{\{f_{xx} < 1\}} + \infty \mathbb{1}_{\{f_{xx} = 1\}}$ . That is, the mean number of visits to initial state  $x$  is finite iff the state  $x$  is transient.

**Remark 6.** In particular, this corollary implies the following consequences.

- i. A transient state is visited a finite amount of times almost surely. This follows from Corollary 1.8, since  $P_x \{ N_y < \infty \} = 1$  for all transient states  $y \in \mathcal{X}$  and any initial state  $x \in \mathcal{X}$ .
- ii. A recurrent state is visited infinitely often almost surely. This also follows from Corollary 1.8, since  $P_y \{ N_y < \infty \} = 0$  for all recurrent states  $y \in \mathcal{X}$ .
- iii. In a finite state Markov chain, not all states may be transient.

*Proof.* To see this, we assume that for a finite state space  $\mathcal{X}$ , all states  $y \in \mathcal{X}$  are transient. Then, we know that  $N_y$  is finite almost surely for all states  $y \in \mathcal{X}$ . It follows that, for any initial state  $x \in \mathcal{X}$

$$0 \leq P_x \left\{ \sum_{y \in \mathcal{X}} N_y = \infty \right\} = P_x (\cup_{y \in \mathcal{X}} \{ N_y = \infty \}) \leq \sum_{y \in \mathcal{X}} P_x \{ N_y = \infty \} = 0.$$

It follows that  $\sum_{x \in \mathcal{X}} N_x$  is also finite almost surely for all states  $y \in \mathcal{X}$  for finite state space  $\mathcal{X}$ . However, we know that  $\sum_{x \in \mathcal{X}} N_x = \sum_{k \in \mathbb{N}} \sum_{x \in \mathcal{X}} \mathbb{1}_{\{X_k = x\}} = \infty$ . This leads to a contradiction. □

**Proposition 1.10.** For a homogeneous DTMC  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$ , a state  $x$  is recurrent iff  $\sum_{k \in \mathbb{N}} p_{xx}^{(k)} = \infty$ , and transient iff  $\sum_{k \in \mathbb{N}} p_{xx}^{(k)} < \infty$ .

*Proof.* Recall that if the mean recurrence time to a state  $x$  is  $\mathbb{E}_x N_x = \sum_{k \in \mathbb{N}} p_{xx}^k$  finite then the state is transient and infinite if the state is recurrent. □

**Corollary 1.11.** For a transient state  $y \in \mathcal{X}$ , the following limits hold  $\lim_{n \rightarrow \infty} p_{xy}^{(n)} = 0$ , and  $\lim_{n \rightarrow \infty} \frac{\sum_{k=1}^n p_{xy}^{(k)}}{n} = 0$ .

*Proof.* For a transient state  $y \in \mathcal{X}$  and any state  $x \in \mathcal{X}$ , we have  $\mathbb{E}_x N_y = \sum_{n \in \mathbb{N}} p_{xy}^{(n)} < \infty$ . Since the series sum is finite, it implies that the limiting terms in the sequence  $\lim_{n \rightarrow \infty} p_{xy}^{(n)} = 0$ . Further, we can write  $\sum_{k=1}^n p_{xy}^{(k)} \leq \mathbb{E}_x N_y \leq M$  for some  $M \in \mathbb{N}$  and hence  $\lim_{n \rightarrow \infty} \frac{\sum_{k=1}^n p_{xy}^{(k)}}{n} = 0$ . □

**Lemma 1.12.** For any state  $y \in \mathcal{X}$ , let  $(H_X^{\{y\},\ell} : \ell \in \mathbb{N})$  be the sequence of almost surely finite inter-visit times to state  $y$ , and  $N_y(n) = \sum_{k=1}^n 1_{\{X_k=y\}}$  be the number of visits to state  $y$  in  $n$  times. Then,  $N_y(n) + 1$  is a finite mean stopping time with respect to the sequence  $(H_X^{\{y\},\ell} : \ell \in \mathbb{N})$ .

*Proof.* We first observe that  $N_y(n) + 1 \leq n + 1$  and hence has a finite mean for each  $n \in \mathbb{N}$ . Further, we observe that  $\{N_y(n) + 1 = k\}$  can be completely determined by observing  $H_X^{\{y\},1}, \dots, H_X^{\{y\},k}$ . To see this, we notice that

$$\{N_y(n) + 1 = k\} = \left\{ \sum_{\ell=1}^{k-1} H_X^{\{y\},\ell} \leq n < \sum_{\ell=1}^k H_X^{\{y\},\ell} \right\} \in \sigma(H_X^{\{y\},1}, \dots, H_X^{\{y\},k}).$$

□

**Theorem 1.13.** Let  $x, y \in \mathcal{X}$  be such that  $f_{xy} = 1$  and  $y$  is recurrent. Then,  $\lim_{n \rightarrow \infty} \frac{\sum_{k=1}^n p_{xy}^{(k)}}{n} = \frac{1}{\mu_{yy}}$ .

*Proof.* Let  $y \in \mathcal{X}$  be recurrent. The proof consists of three parts. In the first two parts, we will show that starting from the state  $y$ , we have the limiting empirical average of mean number of visits to state  $y$  is  $\lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E}_y N_y(n) = \frac{1}{\mu_{yy}}$ . In the third part, we will show that for any starting state  $x \in \mathcal{X}$  such that  $f_{xy} = 1$ , we have the limiting empirical average of mean number of visits to state  $y$  is  $\lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E}_x N_y(n) = \frac{1}{\mu_{yy}}$ .

Lower bound: We observe that  $N_y(n) + 1$  is a stopping time with respect to inter-visit times  $(H_X^{\{y\},\ell} : \ell \in \mathbb{N})$  from Lemma 1.12. Further, we have  $\sum_{\ell=1}^{N_y(n)+1} H_X^{\{y\},\ell} > n$ . Applying Wald's Lemma to the random sum  $\sum_{\ell=1}^{N_y(n)+1} H_X^{\{y\},\ell}$ , we get  $\mathbb{E}_y(N_y(n) + 1)\mu_{yy} > n$ . Taking limits, we obtain  $\liminf_{n \in \mathbb{N}} \frac{\sum_{k=1}^n p_{yy}^{(k)}}{n} \geq \frac{1}{\mu_{yy}}$ .

Upper bound: Given a fixed positive integer  $M \in \mathbb{N}$ , we define truncated recurrence times

$$\bar{H}_X^{\{y\},\ell} \triangleq M \wedge H_X^{\{y\},\ell} \text{ for all } \ell \in \mathbb{N}.$$

Since  $H_X^{\{y\}}$  is *i.i.d.* given the initial state  $y$ , then so is  $\bar{H}_X^{\{y\},1}$  and  $\bar{H}_X^{\{y\},\ell} \leq H_X^{\{y\},\ell}$  for all  $\ell \in \mathbb{N}$ . We define the mean of the truncated recurrence times as  $\bar{\mu}_{yy} \triangleq \mathbb{E}_y \bar{H}_X^{\{y\},1}$ . From the monotonicity of truncation, we get  $\bar{\mu}_{yy} \leq \mu_{yy}$ .

We define the random variable  $\bar{\tau}_X^{\{y\},k} \triangleq \sum_{\ell=1}^k \bar{H}_X^{\{y\},\ell}$  for all  $k \in \mathbb{N}$ , and  $\bar{\tau}_X^{\{y\},k} \leq \tau_X^{\{y\},k}$  for all  $k \in \mathbb{N}$ . We can define the associated counting process that counts number of truncated recurrences in first  $n$  steps as  $\bar{N}_y(n) \triangleq \sum_{k \in \mathbb{N}} \mathbb{1}_{\{\bar{\tau}_X^{\{y\},k} \leq n\}}$  for all  $n \in \mathbb{N}$ . Further, we have

$$\sum_{\ell=1}^{\bar{N}_y(n)+1} \bar{H}_X^{\{y\},\ell} = \bar{\tau}_X^{\{y\},\bar{N}_y(n)+1} = \bar{\tau}_X^{\{y\},\bar{N}_y(n)} + \bar{H}_X^{\{y\},\bar{N}_y(n)+1} \leq n + M.$$

Since  $\bar{N}_y(n) + 1$  is a stopping time with respect to *i.i.d.* process  $\bar{H}_X^{\{y\}}$ , and  $\bar{N}_y(n) \geq N_y(n)$  sample path wise. From Wald's Lemma, we get

$$\mathbb{E}_y(N_y(n) + 1)\bar{\mu}_{yy} \leq \mathbb{E}_y(\bar{N}_y(n) + 1)\bar{\mu}_{yy} \leq n + M.$$

Taking limits, we obtain  $\limsup_{n \in \mathbb{N}} \frac{\sum_{k=1}^n p_{xy}^{(k)}}{n} \leq \frac{1}{\bar{\mu}_{yy}}$ . Letting  $M$  grow arbitrarily large, we obtain the upper bound.

Starting from  $x$ : Further, we observe that  $p_{xy}^{(k)} = \sum_{s=0}^{k-1} f_{xy}^{(k-s)} p_{yy}^{(s)}$ . Since  $1 = f_{xy} = \sum_{k \in \mathbb{N}} f_{xy}^{(k)}$ , we have

$$\sum_{k=1}^n p_{xy}^{(k)} = \sum_{k=1}^n \sum_{s=0}^{k-1} f_{xy}^{(k-s)} p_{yy}^{(s)} = \sum_{s=0}^{n-1} p_{yy}^{(s)} \sum_{k=s+1}^{n-s} f_{xy}^{(k-s)} = \sum_{s=0}^{n-1} p_{yy}^{(s)} - \sum_{s=0}^{n-1} p_{yy}^{(s)} \sum_{k>n-s} f_{xy}^{(k)}.$$

Since the series  $\sum_{k \in \mathbb{N}} f_{xy}^{(k)}$  converges, we get  $\lim_{n \rightarrow \infty} \frac{\sum_{k=1}^n p_{xy}^{(k)}}{n} = \lim_{n \rightarrow \infty} \frac{\sum_{k=1}^n p_{yy}^{(k)}}{n}$ .

□