

# Lecture-23: Invariant Distribution

## 1 Invariant Distribution

Let  $X: \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$  be a time-homogeneous Markov chain with transition probability matrix  $P: \mathcal{X} \times \mathcal{X} \rightarrow [0, 1]$ .

**Definition 1.1.** A probability distribution  $\pi \in \mathcal{M}(\mathcal{X})$  is said to be **stationary distribution** or invariant distribution for the Markov chain  $X$  if it satisfies the **global balance equation**  $\pi = \pi P$ .

**Definition 1.2.** When the initial distribution of a Markov chain is  $\nu \in \mathcal{M}(\mathcal{X})$ , then the condition probability is denoted by  $P_\nu: \mathcal{F} \rightarrow [0, 1]$  defined by

$$P_\nu(A) \triangleq \sum_{x \in \mathcal{X}} \nu(x) P_x(A) \text{ for all events } A \in \mathcal{F}.$$

**Definition 1.3.** For a Markov chain  $X: \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$ , we denote the distribution of random variable  $X_n: \Omega \rightarrow \mathcal{X}$  by  $\nu_n \in \mathcal{M}(\mathcal{X})$  for all  $n \in \mathbb{Z}_+$ . That is,  $\nu_n(x) \triangleq P_{\nu_0}\{X_n = x\}$  for all  $x \in \mathcal{X}$ .

*Remark 1.* We observe that  $\nu_n(x) = \sum_{z \in \mathcal{X}} \nu_0(z) (P^n)_{zx}$  for all  $x \in \mathcal{X}$ .

*Remark 2.* Facts about the invariant distribution  $\pi$ .

- i. The global balance equation  $\pi = \pi P$  is a matrix equation, that is we have a collection of  $|\mathcal{X}|$  equations  $\pi_y = \sum_{x \in \mathcal{X}} \pi_x p_{xy}$  for each  $y \in \mathcal{X}$ .
- ii. Balance equation across cuts is  $\pi_y(1 - p_{yy}) = \pi_y \sum_{x \neq y} p_{yx} = \sum_{x \neq y} \pi_x p_{xy}$ .
- iii. The invariant distribution  $\pi$  is left eigenvector of stochastic matrix  $P$  with the largest eigenvalue 1. The all ones vector is the right eigenvector of this stochastic matrix  $P$  for the eigenvalue 1.
- iv. From the Chapman-Kolmogorov equation for initial probability vector  $\pi$ , we have  $\pi = \pi P^n$  for  $n \in \mathbb{N}$ . That is, if  $\nu_0 = \pi$ , then  $\nu_n = \pi$  for all  $n \in \mathbb{Z}_+$ .
- v. Resulting process with initial distribution  $\pi$  is stationary, and hence have shift-invariant finite dimensional distributions. For example, for any  $k, n \in \mathbb{Z}_+$  and  $x_0, \dots, x_n \in \mathcal{X}$ , we have

$$P_\pi\{X_0 = x_0, \dots, X_n = x_n\} = P_\pi\{X_k = x_0, \dots, X_{k+n} = x_n\} = \pi_{x_0} p_{x_0 x_1} \dots p_{x_{n-1} x_n}.$$

- vi. If the Markov chain is irreducible, with  $\pi_x > 0$  for some  $x \in \mathcal{X}$ . Then for any  $y \in \mathcal{X}$ , we have  $p_{xy}^{(m)} > 0$  for some  $m \in \mathbb{N}$ . Hence,  $\pi_y \geq \pi_x p_{xy}^{(m)} > 0$ . That is, the entire invariant vector is positive.
- vii. Any scaled version of  $\pi$  satisfies the global balance equation. Therefore, for any invariant vector  $\alpha \in \mathcal{X}^{\mathbb{R}_+}$  of transition matrix  $P$ , the sum  $\|\alpha\|_1 = \sum_{x \in \mathcal{X}} \alpha_x$  must be finite for positive recurrent Markov chains, to normalize such vectors and get a unique invariant measure  $\pi = \frac{\alpha}{\|\alpha\|_1}$ .

**Theorem 1.4.** An irreducible Markov chain with transition probability matrix  $P$  is positive recurrent iff there exists a unique invariant probability measure  $\pi \in \mathcal{M}(\mathcal{X})$  that satisfies global balance equation  $\pi = \pi P$  and  $\pi_x = \frac{1}{\mu_{xx}} > 0$  for all  $x \in \mathcal{X}$ .

*Proof.* We will first show that the existence of invariant distribution implies the positive recurrence implies, and then its converse.

**Implication:** Let  $\pi$  be the positive invariant distribution of Markov chain  $X$ . Then, if the Markov chain was transient or null recurrent, we would have  $\lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^n p_{xy}^{(k)} = 0$ . Since  $\pi$  is an invariant vector, we get  $\pi = \pi P^k$  for each  $k \in \mathbb{N}$  and hence  $\pi = \pi \frac{1}{n} \sum_{k=1}^n P^k$ . Taking limit on both sides, we have  $\pi = 0$ , yielding a contradiction for its positivity.

**Converse:** Let  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}^+}$  be a positive recurrent Markov chain with initial state  $X_0 = x$ . Recall that  $N_y(n) = \sum_{k=1}^n \mathbb{1}_{\{X_k=y\}}$  denotes the number of visits to state  $y \in \mathcal{X}$  in the first  $n$  steps of the Markov chain. It follows that  $\sum_{y \in \mathcal{X}} N_y(n) = n$  for each  $n \in \mathbb{N}$ . Let  $H_x^{(1)} \triangleq \tau_x^{(1)}$  be the first recurrence time to state  $x$ , then we have  $N_x(H_x^{(1)}) = 1$  and  $\sum_{y \in \mathcal{X}} N_y(H_x^{(1)}) = H_x^{(1)}$ .

**Existence:** We denote  $v_y \triangleq \mathbb{E}_x[N_y(H_x^{(1)})]$  for each  $y \in \mathcal{X}$ . We observe that  $v_y \geq 0$  for each state  $y \in \mathcal{X}$ , in particular  $v_x = 1$ , and  $\sum_{y \in \mathcal{X}} v_y = \mathbb{E}_x H_x^{(1)} = \mu_{xx} < \infty$  since  $X$  is positive recurrent. We will show that the vector  $v = (v_x : x \in \mathcal{X})$  satisfies the global balance equations  $v = vP$ , and since  $v$  is summable,  $\pi = \frac{v}{\sum_{x \in \mathcal{X}} v_x}$  is an invariant distribution for the Markov chain  $X$ . To see that the vector  $v$  satisfies the global balance equations, we observe from the monotone convergence theorem

$$v_y = \mathbb{E}_x N_y(H_x^{(1)}) = \mathbb{E}_x \sum_{n \in \mathbb{N}} \mathbb{1}_{\{X_n=y, n \leq H_x^{(1)}\}} = \sum_{n \in \mathbb{N}} P_x \left\{ X_n = y, n \leq H_x^{(1)} \right\}.$$

Let  $\lambda_{xy}^{(n)} \triangleq P_x \left\{ X_n = y, n \leq H_x^{(1)} \right\}$ . Observe that  $\lambda_{xy}^{(1)} = p_{xy}$  for each  $y \in \mathcal{X}$ . For  $n \geq 2$ , we have

$$\begin{aligned} \lambda_{xy}^{(n)} &= \sum_{z \neq x} P_x \left\{ X_n = y, X_{n-1} = z, n \leq H_x^{(1)} \right\} \\ &= \sum_{z \neq x} P(\{X_n = y\} \mid \{X_{n-1} = z, n \leq H_x^{(1)}, X_0 = x\}) P_x \left\{ X_{n-1} = z, n \leq H_x^{(1)} \right\} \\ &= \sum_{z \neq x} P(\{X_n = y\} \mid \{X_{n-1} = z\}) P_x \left\{ X_{n-1} = z, n-1 \leq H_x^{(1)} \right\} = \sum_{z \neq x} \lambda_{xz}^{(n-1)} p_{zy}. \end{aligned}$$

From the definition of  $\lambda_{xy}^{(n)}$ , we have  $v_y = \sum_{n \in \mathbb{N}} \lambda_{xy}^{(n)}$  for each  $y \in \mathcal{X}$ . Therefore,

$$v_y = p_{xy} + \sum_{n \geq 2} \sum_{z \neq x} \lambda_{xz}^{(n-1)} p_{zy} = v_x p_{xy} + \sum_{z \neq x} v_z p_{zy} = \sum_{x \in \mathcal{X}} v_x p_{xy}.$$

Hence,  $\pi = \frac{v}{\sum_{x \in \mathcal{X}} v_x}$  is an invariant measure of the transition matrix  $P$ , and  $\pi_x = \frac{v_x}{\sum_{y \in \mathcal{X}} v_y} = \frac{1}{\mu_{xx}} > 0$ .

**Uniqueness:** Next, we show that this is a unique invariant measure independent of the initial state  $x$ , and hence  $\pi_y = \frac{1}{\mu_{yy}} > 0$  for all  $y \in \mathcal{X}$ . For uniqueness, we observe from the Chapman-Kolmogorov equations and invariance of  $\pi$  that  $\pi = \frac{1}{n} \pi(P + P^2 + \dots + P^n)$ . Hence,

$$\pi_y = \sum_{x \in \mathcal{X}} \pi_x \frac{1}{n} \sum_{k=1}^n p_{xy}^{(k)}, \quad y \in \mathcal{X}.$$

Taking limit  $n \rightarrow \infty$  on both sides, and exchanging limit and summation on right hand side using bounded convergence theorem for summable series  $\pi$ , we get for all  $y \in \mathcal{X}$

$$\pi_y = \frac{1}{\mu_{yy}} \sum_{x \in \mathcal{X}} \pi_x = \frac{1}{\mu_{yy}} > 0.$$

□

**Corollary 1.5.** *An irreducible Markov chain on a finite state space  $\mathcal{X}$  has a unique positive stationary distribution  $\pi$ .*

**Definition 1.6.** An irreducible, aperiodic, positive recurrent Markov chain is called **ergodic**.

*Remark 3.* Additional remarks about the stationary distribution  $\pi$ .

i. For a Markov chain with multiple positive recurrent communicating classes  $\mathcal{C}_1, \dots, \mathcal{C}_m$ , one can find the positive equilibrium distribution for each class, and extend it to the entire state space  $\mathcal{X}$  denoting it by  $\pi_k$  for class  $k \in [m]$ . It is easy to check that any convex combination  $\pi = \sum_{k=1}^m \alpha_k \pi_k$  satisfies the global balance equation  $\pi = \pi P$ , where  $\alpha_k \geq 0$  for each  $k \in [m]$  and  $\sum_{k=1}^m \alpha_k = 1$ . Hence, a Markov chain with multiple positive recurrent classes have a convex set of invariant probability measures, with the individual invariant distribution  $\pi_k$  for each positive recurrent class  $k \in [m]$  being the extreme points.

ii. Let  $\mu(0) = e_x$ , that is let the initial state of the positive recurrent Markov chain be  $X_0 = x$ . Then, we know that

$$\pi_y = \frac{1}{\mu_{yy}} = \lim_{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^n p_{xy}^{(k)} = \lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E}_x N_y(n).$$

That is,  $\pi_y$  is limiting average of number of visits to state  $y \in \mathcal{X}$ .

iii. If a positive recurrent Markov chain is aperiodic, then limiting probability of being in a state  $y$  is its invariant probability, that is  $\pi_y = \lim_{n \rightarrow \infty} p_{xy}^{(n)}$ .

**Theorem 1.7.** For an ergodic Markov chain  $X$  with invariant distribution  $\pi$ , and  $n$ th step distribution  $\mu(n)$ , we have  $\lim_{n \rightarrow \infty} \mu(n) = \pi$  in the total variation distance.

*Proof.* Consider independent time homogeneous Markov chains  $X : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$  and  $Y : \Omega \rightarrow \mathcal{X}^{\mathbb{Z}_+}$  each with transition matrix  $P$ . The initial state of Markov chain  $X$  is assumed to be  $X_0 = x$ , whereas the Markov chain  $Y$  is assumed to have an initial distribution  $\pi$ . It follows that  $Y$  is a stationary process, while  $X$  is not. In particular,

$$\mu_y(n) = P_x \{X_n = y\} = p_{xy}^{(n)}, \quad P_\pi \{Y_n = y\} = \pi_y.$$

Let  $\tau = \inf\{n \in \mathbb{Z}_+ : X_n = Y_n\}$  be the first time that two Markov chains meet, called the **coupling time**.

**Finiteness:** First, we show that the coupling time is almost surely finite. To this end, we define a new Markov chain on state space  $\mathcal{X} \times \mathcal{X}$  with transition probability matrix  $Q$  such that  $q((x, w), (y, z)) = p_{xy} p_{wz}$  for each pair of states  $(x, w), (y, z) \in \mathcal{X} \times \mathcal{X}$ . The  $n$ -step transition probabilities for this coupled Markov chain are given by

$$q^{(n)}((x, w), (y, z)) \triangleq p_{xy}^{(n)} p_{wz}^{(n)}.$$

**Ergodicity:** Since the Markov chain  $X$  with transition probability matrix  $P$  is irreducible and aperiodic, for each  $x, y, w, z \in \mathcal{X}$  there exists an  $n_0 \in \mathbb{Z}_+$  such that  $q^{(n)}((x, w), (y, z)) = p_{xy}^{(n)} p_{wz}^{(n)} > 0$  for all  $n \geq n_0$  from a previous Lemma on aperiodicity. Hence, the irreducibility and aperiodicity of this new **product** Markov chain follows.

**Invariant:** It is easy to check that  $\theta(x, w) = \pi_x \pi_w$  is the invariant distribution for this product Markov chain, since  $\theta(x, w) > 0$  for each  $(x, w) \in \mathcal{X} \times \mathcal{X}$ ,  $\sum_{x, w \in \mathcal{X}} \theta(x, w) = 1$ , and for each  $(y, z) \in \mathcal{X} \times \mathcal{X}$ , we have

$$\sum_{x, w \in \mathcal{X}} \theta(x, w) q((x, w), (y, z)) = \sum_{x \in \mathcal{X}} \pi_x p_{xy} \sum_{w \in \mathcal{X}} \pi_w p_{wz} = \pi_y \pi_z = \theta(y, z).$$

**Recurrence:** This implies that the product Markov chain is positive recurrent, and each state  $(x, x) \in \mathcal{X} \times \mathcal{X}$  is reachable with unit probability from any initial state  $(y, w) \in \mathcal{X} \times \mathcal{X}$ .

In particular, the coupling time is almost surely finite.

Coupled process: Second, we show that from the coupling time onwards, the evolution of two Markov chains is identical in distribution. That is, for each  $y \in \mathcal{X}$  and  $n \in \mathbb{Z}_+$ ,

$$P_{X_\tau} \{X_n = y, n \geq \tau\} = P_{Y_\tau} \{Y_n = y, n \geq \tau\}.$$

This follows from the strong Markov property for the joint process where  $\tau$  is stopping time for the joint process  $((X_n, Y_n) : n \in \mathbb{Z}_+)$  such that  $X_\tau = Y_\tau$ , and both marginals have the identical transition matrix.

Limit: For any  $y \in \mathcal{X}$ , we can write the difference as

$$\left| p_{xy}^{(n)} - \pi_y \right| = |P_x \{X_n = y, n < \tau\} - P_\pi \{Y_n = y, n < \tau\}| \leq 2P_{\delta_x, \pi}(\tau > n).$$

Since the coupling time is almost surely finite for each initial state  $x, y \in \mathcal{X}$ , we have  $\sum_{n \in \mathbb{N}} P_{\delta_x, \pi} \{\tau = n\} = 1$  and the tail-sum  $P_{\delta_x, \pi} \{\tau > n\}$  goes to zero as  $n$  grows large, and the result follows.

□