

# Lecture-14: Equilibrium renewal sequences

## 1 Ergodic theorem

**Theorem 1.1 (Ergodicity).** Consider a delayed regenerative process  $Z : \Omega \rightarrow \mathcal{Z}^{\mathbb{R}_+}$  with delayed regeneration instants  $S$ , independent inter renewal times  $X$ , and a Borel measurable set  $A \in \mathcal{B}(\mathcal{Z})$ . If  $\mathbb{E}X_1, \mathbb{E}X_2 \in (0, \infty)$ , then we have

$$\lim_{t \rightarrow \infty} \frac{1}{t} \int_{t \in \mathbb{R}_+} \mathbb{1}_{\{Z_t \in A\}} dt = \lim_{t \rightarrow \infty} \mathbb{E} \mathbb{1}_{\{Z_t \in A\}}.$$

*Proof.* We denote the delayed renewal function for independent inter renewal times  $X$  by  $m^D$ , and define probability function  $f \in [0, 1]^{\mathbb{R}_+}$  and two associated kernel functions  $K^1, K^2 \in [0, 1]^{\mathbb{R}_+}$  for each  $t \in \mathbb{R}_+$  as

$$f_t \triangleq P\{Z_t \in A\}, \quad K_t^1 \triangleq P\{Z_t \in A, S_1 > t\}, \quad K_t^2 \triangleq P\{Z_{S_1+t} \in A, X_2 > t\}.$$

In this case, we can write the renewal equation as  $f = K^1 + K^2 * m^D$  where  $K^1, K^2$  are directly Riemann integrable functions. Hence, it follows from key renewal theorem that

$$\lim_{t \rightarrow \infty} \mathbb{E} \mathbb{1}_{\{Z_t \in A\}} = \lim_{t \rightarrow \infty} P\{Z_t \in A\} = \frac{\int_{t \in \mathbb{R}_+} K_t^2 dt}{\mathbb{E}X_2}.$$

For the renewal sequence  $S$ , we define a continuously accruing reward process  $Q : \Omega \rightarrow \mathbb{R}_+^{\mathbb{R}_+}$  for each  $t \in \mathbb{R}_+$  as  $Q_t \triangleq \int_0^t \mathbb{1}_{\{Z_u \in A\}} du$ . The cumulative reward in  $n$ th renewal duration  $[S_{n-1}, S_n)$  is given by

$$\int_{S_{n-1}}^{S_n} \mathbb{1}_{\{Z_u \in A\}} du = \int_0^{X_n} \mathbb{1}_{\{Z_{S_{n-1}+u} \in A\}} du = \int_{u \in \mathbb{R}_+} \mathbb{1}_{\{Z_{S_{n-1}+u} \in A, X_n > u\}} du.$$

From the regenerative property of  $Z$ , we have  $\mathbb{E} \int_{S_{n-1}}^{S_n} \mathbb{1}_{\{Z_u \in A\}} du = \mathbb{E} \int_{t \in \mathbb{R}_+} K_t^2 dt$ . Since  $\mathbb{E}X_1, \mathbb{E}X_2 < \infty$ , it follows from the renewal reward process that

$$\lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t \mathbb{1}_{\{Z_u \in A\}} du = \lim_{t \rightarrow \infty} \frac{1}{t} Q_t = \frac{1}{\mathbb{E}X_2} \mathbb{E} \int_{S_{n-1}}^{S_n} \mathbb{1}_{\{Z_u \in A\}} du = \frac{1}{\mathbb{E}X_2} \mathbb{E} \int_{t \in \mathbb{R}_+} K_t^2 dt.$$

□

**Example 1.2 (Alternating renewal processes).** Recall that an *i.i.d.* nonnegative sequence  $(Z, Y)$  is an alternating renewal sequence, with *i.i.d.* inter renewal time sequence  $X$ , renewal sequence  $S$ , counting process  $N$ , and alternating renewal process  $W$  defined for any  $t \in \mathbb{R}_+$  as  $W_t \triangleq \mathbb{1}_{\{A_t \leq Z_{N_t+1}\}}$ . If  $\mathbb{E}X_1 > 0$ , then  $N_t$  is almost surely finite at any time  $t$ , and we can write

$$W_t \triangleq \sum_{n \in \mathbb{N}} \mathbb{1}_{\{N_t = n-1\}} \mathbb{1}_{\{A_t \leq Z_{N_t+1}\}} = \sum_{n \in \mathbb{N}} \mathbb{1}_{\{N_t = n-1\}} \mathbb{1}_{\{t - S_{n-1} \leq Z_n\}} = \sum_{n \in \mathbb{N}} \mathbb{1}_{(0, Z_n]}(t - S_{n-1})_+.$$

Recall that  $W$  is a regenerative process at the regeneration points being the renewal instants  $S$  for inter renewal times  $X$ . Further  $\mathbb{1}_{\{W_t=1\}} = W_t$  for each  $t \in \mathbb{R}_+$ , thus it follows from Theorem 1.1 that if  $\mathbb{E}X_1 \in (0, \infty)$ , then

$$\lim_{t \rightarrow \infty} \mathbb{E}W_t = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t W_u du.$$

**Theorem 1.3 (Ergodicity).** Consider a delayed regenerative process  $Z : \Omega \rightarrow \mathcal{Z}^{\mathbb{R}_+}$  with delayed regeneration instants  $S$ , independent inter renewal times  $X$ , and a Borel measurable set  $A \in \mathcal{B}(\mathcal{Z})$ . If  $\mathbb{E}X_1, \mathbb{E}X_2 \in (0, \infty)$  and integrals  $\int_{t \in \mathbb{R}_+} \mathbb{E}|Z_t| \mathbb{1}_{\{S_1 > t\}} dt, \int_{t \in \mathbb{R}_+} \mathbb{E}|Z_{S_1+t}| \mathbb{1}_{\{X_2 > t\}} dt$  are finite, then we have

$$\lim_{t \rightarrow \infty} \frac{1}{t} \int_{t \in \mathbb{R}_+} Z_t dt = \lim_{t \rightarrow \infty} \mathbb{E}Z_t.$$

*Proof.* We denote the delayed renewal function for independent inter renewal times  $X$  by  $m^D$ , and define function  $f \in \mathbb{R}^{\mathbb{R}_+}$  and two associated kernel functions  $K^1, K^2 \in \mathbb{R}^{\mathbb{R}_+}$  for each  $t \in \mathbb{R}_+$  as

$$f_t \triangleq \mathbb{E}Z_t, \quad K_t^1 \triangleq \mathbb{E}Z_t \mathbb{1}_{\{S_1 > t\}}, \quad K_t^2 \triangleq \mathbb{E}Z_{S_1+t} \mathbb{1}_{\{X_2 > t\}}.$$

In this case, we can write the renewal equation as  $f = K^1 + K^2 * m^D$  where  $K^1, K^2$  are directly Riemann integrable functions. Hence, it follows from key renewal theorem that

$$\lim_{t \rightarrow \infty} f_t = \lim_{t \rightarrow \infty} \mathbb{E}Z_t = \frac{\int_{t \in \mathbb{R}_+} K_t^2 dt}{\mathbb{E}X_2}.$$

For the renewal sequence  $S$ , we define a continuously accruing reward process  $Q : \Omega \rightarrow \mathbb{R}_+^{\mathbb{R}_+}$  for each  $t \in \mathbb{R}_+$  as  $Q_t \triangleq \int_0^t Z_u du$ . The cumulative reward in  $n$ th renewal duration  $[S_{n-1}, S_n)$  is given by

$$\int_{S_{n-1}}^{S_n} Z_u du = \int_0^{X_n} Z_{S_{n-1}+u} du = \int_{u \in \mathbb{R}_+} Z_{S_{n-1}+u} \mathbb{1}_{\{X_n > u\}} du.$$

From the regenerative property of  $Z$ , we have  $\mathbb{E} \int_{S_{n-1}}^{S_n} Z_u du = \mathbb{E} \int_{t \in \mathbb{R}_+} K_t^2 dt$ . Since  $\mathbb{E}X_1, \mathbb{E}X_2 < \infty$ , it follows from the renewal reward process that

$$\lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t Z_u du = \lim_{t \rightarrow \infty} \frac{1}{t} Q_t = \frac{1}{\mathbb{E}X_2} \mathbb{E} \int_{S_{n-1}}^{S_n} Z_u du = \frac{1}{\mathbb{E}X_2} \mathbb{E} \int_{t \in \mathbb{R}_+} K_t^2 dt.$$

□

**Example 1.4 (Age and excess times).** Consider a delayed renewal sequence  $S$  with independent step-size sequence  $X$ , associated counting process  $N$ , age process  $A$ , and excess time process  $Y$ . Let  $G$  denote the distribution of  $X_1$  and  $F$  denote the common distribution of  $X_n$  for  $n \geq 2$ . Recall that  $A$  and  $Y$  are both positive delayed regenerative processes at the regeneration points being the delayed renewal instants  $S$ . We further observe that

$$\int_{t \in \mathbb{R}_+} \mathbb{E}A_t \mathbb{1}_{\{S_1 > t\}} dt = \int_{t \in \mathbb{R}_+} t \bar{G}(t) dt = \mathbb{E}X_1^2, \quad \int_{t \in \mathbb{R}_+} \mathbb{E}A_{S_1+t} \mathbb{1}_{\{X_2 > t\}} dt = \int_{t \in \mathbb{R}_+} t \bar{F}(t) dt = \mathbb{E}X_2^2.$$

Similarly, we can find that  $\int_{t \in \mathbb{R}_+} \mathbb{E}Y_t \mathbb{1}_{\{S_1 > t\}} dt = \mathbb{E}X_1^2$  and  $\int_{t \in \mathbb{R}_+} \mathbb{E}Y_{S_1+t} \mathbb{1}_{\{X_2 > t\}} dt = \mathbb{E}X_2^2$ . Since  $\mathbb{E}X^2 \geq (\mathbb{E}X)^2$ , it follows that if  $\mathbb{E}X_1^2$  and  $\mathbb{E}X_2^2$  are finite, then so are  $\mathbb{E}X_1, \mathbb{E}X_2$ . Thus, it follows from Theorem 1.3 that if  $\mathbb{E}X_1^2, \mathbb{E}X_2^2$  are finite and  $\mathbb{E}X_1, \mathbb{E}X_2$  are positive, then

$$\lim_{t \rightarrow \infty} \mathbb{E}A_t = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t A_u du, \quad \lim_{t \rightarrow \infty} \mathbb{E}Y_t = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t Y_u du.$$

Recall that  $X_{N_t+1} = A_t + Y_t$  for each  $t \in \mathbb{R}_+$  and from the linearity of integration and expectation, we obtain that

$$\lim_{t \rightarrow \infty} \mathbb{E}X_{N_t+1} = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t X_{N_u+1} du = \frac{\mathbb{E}X_1^2}{\mathbb{E}X_1}.$$

**Example 1.5 (Renewal reward process).** Consider a positive renewal reward process  $Q$  for a renewal sequence  $S$  with inter renewal times  $X$ , associated counting process  $N$ , continuous positive accrual of rewards, and *i.i.d.* aggregate reward  $R_n \triangleq Q_{S_n} - Q_{S_{n-1}}$  in renewal duration  $(S_{n-1}, S_n]$  for each  $n \in \mathbb{N}$ . Recall that the reward at the end of current renewal interval is a regenerative process with regeneration points  $S$ . Applying monotone convergence theorem to exchange integral and

mean for positive integrands, we observe that  $\int_{t \in \mathbb{R}_+} \mathbb{E}[R_{N_t+1}] \mathbb{1}_{\{S_1 > t\}} dt = \mathbb{E}[R_1 X_1]$ . From Theorem 1.3, it follows that if  $\mathbb{E}[R_1 X_1]$  is finite and  $\mathbb{E}X_1 \in (0, \infty)$ , then

$$\lim_{t \rightarrow \infty} \mathbb{E}R_{N_t+1} = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t R_{N_u+1} du = \frac{\mathbb{E}[R_1 X_1]}{\mathbb{E}[X_1]}.$$

Let  $g \in \mathbb{R}_+^{\mathbb{R}_+}$  be an increasing function, then we have  $\mathbb{E}[X_1 g(X_1)] \geq \mathbb{E}X_1 \mathbb{E}g(X_1)$  by Chebyshev's inequality. It follows that if  $R_n \triangleq g(X_n)$  for each  $n \in \mathbb{N}$  for some increasing function  $g$ , then it follows that  $\lim_{t \rightarrow \infty} \mathbb{E}R_{N_t+1} \geq \mathbb{E}R_1$ .

## 2 Equilibrium renewal sequence

**Definition 2.1 (Equilibrium distribution).** Consider a delayed renewal process  $S$  with independent inter renewal times  $X$  with distribution  $G$  for  $X_1$  and common distribution  $F$  for  $X_n$  where  $n \geq 2$ . The limiting marginal distribution of age process  $A$  is called the *equilibrium distribution* of renewal sequence  $S$  and is denoted by  $F_e \in [0, 1]^{\mathbb{R}_+}$  where for each  $x \in \mathbb{R}_+$ ,

$$F_e(x) \triangleq \lim_{t \rightarrow \infty} P\{A_t \leq x\}.$$

**Theorem 2.2 (Limiting marginal distribution of age and excess time).** Consider a delayed renewal process  $S$  with finite mean independent inter renewal times  $X$  such that the distribution of first renewal time is  $G$ , and the distribution of subsequent renewal times are identically  $F$ . Denoting the associated counting process by  $N^D$  and renewal function  $m^D$ , we can find the limiting complementary probability distribution of age for each  $x \in \mathbb{R}_+$  as

$$\bar{F}_e(x) = \lim_{t \rightarrow \infty} P\{A_t \geq x\} = \frac{1}{\mathbb{E}X_2} \int_x^\infty \bar{F}(y) dy.$$

*Proof.* Recall that the age process is delayed regenerative at the regeneration points  $S$ . Therefore, we can find its marginal distribution at time  $t \in \mathbb{R}_+$  for  $x \in \mathbb{R}_+$  as

$$P\{A_t \geq x\} = \mathbb{1}_{\{t \geq x\}} \bar{G}_t + \int_0^t dm_{t-y}^D \mathbb{1}_{\{y \geq x\}} \bar{F}(y).$$

Since  $0 \leq \mathbb{1}_{\{y \geq x\}} \bar{F}(y) \leq \bar{F}(y)$  where  $\bar{F}$  is directly Riemann integrable, it follows that  $\mathbb{1}_{[0, x]} \bar{F}$  is also directly Riemann integrable. Taking limit  $t \rightarrow \infty$  on both sides and applying key renewal theorem, we obtain the result.  $\square$

*Remark 1.* Similar to Theorem 2.2, we can show that the limiting complementary marginal distribution of excess time process is  $\lim_{t \rightarrow \infty} P\{Y_t \geq x\} = F_e(x)$  for each  $x \in \mathbb{R}_+$ .

**Corollary 2.3.** Consider a delayed renewal process  $S$  with finite mean independent inter renewal times  $X$  such that the distribution of first renewal time is  $G$ , and the distribution of subsequent renewal times are identically  $F$ . The moment generating function for limiting age or excess time is  $\mathcal{L}_{F_e}(s) = \frac{1 - \mathcal{L}_F(s)}{s \mathbb{E}X_2}$  when it exists.

*Proof.* By definition of moment generating function, we have  $\mathcal{L}_{F_e}(s) = \mathbb{E}[e^{-s \lim_{t \rightarrow \infty} A_t}]$ , where the distribution of  $\lim_{t \rightarrow \infty} A_t$  is  $F_e$ . We use integration by parts, to write

$$\mathcal{L}_{F_e}(s) = \int_0^\infty e^{-sx} dF_e(x) = \frac{1}{\mathbb{E}X_2} \int_0^\infty e^{-sx} \bar{F}(x) dx = \frac{1}{s \mathbb{E}X_2} - \frac{1}{s \mathbb{E}X_2} \int_0^\infty e^{-sx} dF(x) = \frac{1}{s \mathbb{E}X_2} (1 - \mathcal{L}_F(s)).$$

$\square$

**Definition 2.4.** A delayed renewal process  $S$  with independent inter renewal times  $X$  having common distribution  $F$  for  $(X_n, n \geq 2)$  and the initial arrival distribution  $G = F_e$  is called the *equilibrium renewal sequence*. The associated age and excess time processes are denoted by  $A^e$  and  $Y^e$  respectively, and the counting process and renewal functions are denoted by  $N^e$  and  $m^e$  respectively.

**Remark 2.** Observe that  $F_e$  is the limiting distribution of the age and the excess time for the renewal process with common inter renewal time distribution  $F$ . Hence, if we start observing a renewal process at some arbitrarily large time  $t$ , then the observed renewal process is the equilibrium renewal sequence. This delayed renewal process exhibits stationary properties. That is, the limiting behaviors are exhibited for all times.

**Theorem 2.5 (Renewal function).** *The renewal function  $m^e$  for the equilibrium renewal sequence is linear in time, i.e.  $m_t^e = t/\mathbb{E}X_2$  at any time  $t \in \mathbb{R}_+$ .*

*Proof.* Laplace transform of a delayed renewal function is  $\mathcal{L}_G(s)/(1 - \mathcal{L}_F(s))$  where  $G$  and  $F$  are distributions of first and second inter renewal times. Further, the Laplace transform of first renewal time in equilibrium renewal sequence is  $(1 - \mathcal{L}_F(s))/(s\mathbb{E}X_2)$  from Corollary 2.3. Combining the two results, we obtain the Laplace transform of renewal function  $m_e$  as  $\mathcal{L}_{m^e}(s) = 1/s\mathbb{E}X_2$  for all  $s$  in the region of convergence. Further, we know that for any  $a \in \mathbb{R}$  the Laplace transform of function  $at$  is given by  $\mathcal{L}_{at}(s) = a \int_0^\infty e^{-st} dt = a/s$ . Since moment generating function is a one-to-one map, the result follows.  $\square$

**Theorem 2.6 (Age and excess time).** *The distribution of age  $A_t^e$  and excess time  $Y_t^e$  for the equilibrium renewal sequence are stationary. In particular, for all  $t \in \mathbb{R}_+$  and  $x \in \mathbb{R}_+$ , we have*

$$P\{A_t^e > x\} = \mathbb{1}_{\{t > x\}} \bar{F}_e(x), \quad P\{Y_t^e > x\} = \bar{F}_e(x).$$

*Proof.* Recall that the age process  $A^e$  and the excess time process  $Y^e$  are delayed regenerative processes with the distribution of first renewal time being  $F_e$ , the subsequent inter renewal time distribution  $F$ , and renewal function  $m^e$  defined as  $m_t^e \triangleq t/\mathbb{E}X_2$  for all  $x, t \in \mathbb{R}_+$ . Thus, their marginal tail probabilities at time  $t \in \mathbb{R}_+$  and for  $x \in \mathbb{R}_+$  are

$$P\{A_t^e \geq x\} = \mathbb{1}_{\{t \geq x\}} \bar{F}_e(t) + \frac{1}{\mathbb{E}X_2} \int_x^t \bar{F}(y) dy, \quad P\{Y_t^e \geq x\} = \bar{F}_e(t+x) + \frac{1}{\mathbb{E}X_2} \int_x^{t+x} \bar{F}(y) dy.$$

The result follows from substituting  $\bar{F}_e(x) = \int_x^\infty \bar{F}(y) dy / \mathbb{E}X_2$  in the above equation.  $\square$

**Remark 3.** When we start observing the equilibrium counting process  $N^e$  at time  $s$ , the observed renewal process is delayed renewal process with initial distribution  $Y^e$  at time  $s$  being identical to the distribution  $F_e$ . Hence, the number of renewals  $N_{t+s}^e - N_s^e$  has the same distribution as  $N_t^e$  in duration  $(0, t]$ . That is, the distribution of counting process is shift invariant.

**Theorem 2.7 (Stationary increments).** *The counting process  $N^e$  for the equilibrium renewal sequence has stationary increments.*

*Proof.* We can write the event  $\{N_{s+t}^e - N_s^e = n\} = \{S_{N_s^e+n} \leq t < S_{N_s^e+n+1}\}$  where  $S_{N_s^e+n} = Y_s^e + \sum_{k=2}^n X_{N_s^e+k}$ . Since  $Y_s^e$  is distributed identically to  $X_1$ , to show the result it suffices to show that  $(X_{N_s^e+k} : k \geq 2)$  is i.i.d. with common distribution  $F$  and independent of  $Y_s^e$ . To this end, we consider the function  $f \in [0, 1]^{\mathbb{R}_+}$  and associated kernel functions  $k^1, k^2 \in [0, 1]^{\mathbb{R}_+}$ , defined for each  $t \in \mathbb{R}_+$  and  $x \in \mathbb{R}_+^k, y \in \mathbb{R}_+$  as  $f_t \triangleq P(\{Y_t^e > y\} \cap_{k=2}^n \{X_{N_t^e+k} \leq x_k\})$ ,  $k_t^1 \triangleq P(\{Y_t^e > y, S_1 > t\} \cap_{k=2}^n \{X_{N_t^e+k} \leq x_k\}) = \bar{F}_e(t+y) \prod_{k=2}^n F(x_k)$ , and  $k_t^2 \triangleq P(\{Y_{S_1+t}^e > y, t < X_2\} \cap_{k=2}^n \{X_{N_{S_1+t}^e+k} \leq x_k\}) = \bar{F}(t+y) \prod_{k=2}^n F(x_k)$ . Since excess time process is delayed regenerative, we obtain the renewal function  $f = k^1 + k^2 * m^e$ . From the definition of equilibrium distribution  $F_e$  and equilibrium renewal function  $m^e$ , we obtain for each  $t, y \in \mathbb{R}_+$  and  $x \in \mathbb{R}_+^k$  that

$$f_t = P(\{Y_t^e > y\} \cap_{k=2}^n \{X_{N_t^e+k} \leq x_k\}) = \bar{F}_e(y) \prod_{k=2}^n F(x_k).$$

$\square$

**Example 2.8 (Poisson process).** Consider the case, when inter renewal time distribution  $F$  for a delayed renewal sequence is exponential with rate  $\lambda$ . Here, one would expect the equilibrium distribution  $F_e = F$ , since Poisson process has stationary and independent increments. We observe that for any  $x \in \mathbb{R}_+$ , we have

$$F_e(x) = \frac{1}{\mu} \int_0^x \bar{F}(y) dy = \lambda \int_0^x e^{-\lambda y} dy = 1 - e^{-\lambda x} = F(x).$$

We see that  $F_e$  is also distributed exponentially with rate  $\lambda$ . Indeed, this is a Poisson process with rate  $\lambda$ .

**Example 2.9 (Age and excess time process as an alternating renewal process).** Consider an aperiodic renewal sequence with distribution  $F$  for *i.i.d.* inter renewal times  $X$  such that  $\mathbb{E}X_1^2 < \infty$ . For a fixed  $x, y \in \mathbb{R}_+$ , we can define alternating renewal processes  $W, V : \Omega \rightarrow [0, 1]^{\mathbb{R}_+}$  defined as  $W_t \triangleq \mathbb{1}_{\{A_t \leq x\}}$  and  $V_t \triangleq \mathbb{1}_{\{Y_t > y\}}$  for all  $t \in \mathbb{R}_+$ . We observe that the  $n$ th on and off times are  $X_n \wedge x$  and  $(X_n - x)_+$  respectively for the process  $W$ , and  $(X_n - y)_+$  and  $X_n \wedge y$  for the process  $V$ . We can consider two reward processes  $Q_W$  and  $Q_V$  defined as  $\int_0^t W_u du$  and  $\int_0^t V_u du$  for each  $t \in \mathbb{R}_+$ . From the renewal reward theorem, we obtain that

$$\lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t W_u du = \frac{\mathbb{E}X_1 \wedge x}{\mathbb{E}X_1} = F_e(x), \quad \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t V_u du = \frac{\mathbb{E}(X_1 - x)_+}{\mathbb{E}X_1} = \bar{F}_e(y).$$

Since the mean of the distribution  $F_e$  is  $\mathbb{E}X_1^2 / 2\mathbb{E}X_1$ , we obtain the following equality

$$\lim_{t \rightarrow \infty} \mathbb{E}Y_t = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t Y_u du = \lim_{t \rightarrow \infty} \mathbb{E}A_t = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t A_u du = \frac{\mathbb{E}X_1^2}{2\mathbb{E}X_1}.$$